



## REGULATIONS OF THE SPA ZONE

For the sake of safety and the comfort of your own and others, follow the rules below.

Please arrive 10 minutes before your appointment time.

People who are not guests of our resort are invited to the changing room in the SPA Zone.

The most comfortable SPA outfit is a bathrobe and slippers.

**If you do not show up for the booked treatments or cancel them later than 6 hours before the treatment, you will be charged a fee of 50% of the value of the ordered service.**

If the guest is late for the treatment, the delay will be deducted from the total treatment time.

**The SPA Zone is a place to relax, so please:**

- speak lower to allow guests to relax during treatments
- do not use cell phones and cameras
- do not smoke
- do not consume alcoholic beverages or other intoxicants
- do not bring pets

The SPA staff has the right, without reimbursement of the costs incurred, to leave the persons who affect the discomfort of other guests.

Please do not take valuables, especially: money, mobile phones, jewelry and items of scientific or artistic value, to the SPA area.

**People who will not be allowed to enter the SPA Zone:**

- with open wounds and skin inflammation
- with signs of diseases that pose a threat to such a person or the other guests
- with signs of skin and infectious diseases
- whose behavior poses a threat to other guests and employees
- whose hygiene status differs from generally accepted standards

Children under 16 years old may stay in the SPA Zone only if accompanied by an adult. People using treatments should be 16 years old or older or have a written consent of their legal guardian.

**In order to increase the effectiveness of treatments, please:**

- avoid heavy meals for min. one hour before the scheduled Spa treatment
- shower before treatments
- avoid sunbathing immediately before and after the treatment
- inform the employee before the treatment about the medications taken, illnesses and possible contraindications

People using the sauna declare that there are no health contraindications for this type of treatment and take full responsibility for their health. Łubinowe Wzgórze is not responsible for incidents resulting from breaking the rules of these regulations.

If you have any questions or concerns, please contact the employees of Łubinowe Wzgórze. All persons staying in the SPA Zone are obliged to comply with the regulations.